



# Nurse Practitioner/Physician Assistant Skills Checklist Self Analysis

<b>Candidate Name:</b>	<b>Recruiter's Name:</b>
<b>Position:</b>	<b>Phone Number:</b>

- |   |   |
|---|---|
| 1. Training Only / No Experience<br>2. Limited Experience/Need Supervision And/Or Support | 3. Experienced/Minimal Support Needed To Perform<br>4. Proficient/Can Perform Independently |
|---|---|

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
<b>Specialty:</b>					<b>Disorders-Emergencies-Cont.</b>				
Anesthesiology					Minor burns				
Cardiology					Shock				
Corporate Health					Open wounds				
Critical Care					Other (list):				
Dermatology									
Emergency Medicine					<b>Respiratory:</b>				
Ears, Nose, and Throat					Croup				
Correctional Care					Influenza				
Family Practice					Tracheobronchitis				
Genetics					Bronchitis				
Forensic Medicine					COPD				
Internal Medicine					Asthma				
Interventional Radiology					Pneumonia				
Substance Abuse					Viral				
Ob and Gynecology					Bacterial				
Occupational Med					Nonbacterial				
Ophthalmology					URI (Upper respiratory infection)				
Pain Medicine					Other (list):				
Pathology									
Peds					<b>Cardiovascular system:</b>				
Physical Med/Rehab					Congestive heart failure				
Psychiatry					Chronic obstructive pulmonary disease				
Public Health					Stasis ulcer of lower extremities				
Radiation Oncology					Angina				
Surgery					Pericarditis				
Non Clinical					Coronary artery disease				
					Functional murmurs				
					Congenital heart disease				
<b>Disorders-Emergencies</b>					Hypertension				
Anaphylaxis					Other (list):				
Cardiac arrest									
Seizures									
Minor head injuries									
Animal bites					<b>OB/GYN:</b>				
Ingestions and poisonings					Nausea/vomiting - pregnancy				
Overdose - sedative, hypnotics					Dysmenorrhea				
Snake bites					Candida vaginitis				
					Pap smears				

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
<b>OB/GYN: Cont.</b>					<b>Skin: Cont.</b>				
Abnormal pap smear findings					Herpes zoster				
Trichomonal Vaginitis					Malignant melanoma				
Atrophic vaginitis					Pityriasis Rosea				
Fibrocystic breast disease					Contact dermatitis				
Menopause					Tinea corporis				
Bartholin's cyst/ abscess					Tinea pedis				
Preparation for childbirth					Other (list):				
Pregnancy-diagnosis									
Pain relief (in active phase of labor)									
Intrapartum medications					<b>Ears, Nose, and Throat:</b>				
Medications in the third stage					Epistaxis				
Dysfunctional uterine bleeding					Otitis externa				
Rh blood factor					Serous otitis media				
Mastitis					Acute purulent Otitis media				
Medications in the Post Partum					Allergic rhinitis				
Birth control methods					Pharyngitis				
Pre-natal care					Oral candidiasis				
Fetal well-being					Other (list):				
Other (list):									
					<b>Eye:</b>				
<b>GI system:</b>					Conjunctivitis				
Constipation					Strabismus				
Diarrhea (simple)					Chalazion				
Irritable bowel syndrome					Stye				
Acute gastroenteritis					Other (list):				
Hiatal hernia									
Hemorrhoids									
Hepatitis					<b>Musculoskeletal:</b>				
Duodenal ulcer					Osteoporosis				
Cholecystitis					Osteomyelitis				
Pyloric stenosis					Rheumatoid arthritis				
Colic					Juvenile diabetes				
Appendicitis					Gout				
Other (list):					Minor sprains and strains				
					Osteoarthritis				
					Carpal tunnel syndrome				
					Scoliosis				
<b>Skin:</b>					Tendonitis				
Warts					Bursitis				
Basal skin carcinoma					Muscular dystrophy				
Scabies					Other (list):				
Impetigo									
Diaper dermatitis					<b>Parasitic Infections:</b>				
Acne					Pinworms				
Folliculitis					Ascariasis				
Furuncles					Pediculosis				
Carbuncles					Other (list):				
Herpes simples									

Proficiency Scale	1	2	3	4
<b>Genitourinary System:</b>				
Syphilis				
Chlamydia				
Herpes				
Cystitis				
Pyelonephritis				
Urinary tract infection				
Benign prostatic hypertrophy				
Vulvovaginitis				
Hypospadias				
Hydrocele				
Gonococcal infections				
Prostatitis				
Other (List):				
<b>Nervous System:</b>				
Vasovagal syncope				
Migraine headaches				
Multiple sclerosis				
Headaches				
Head injury				
Tension				
Migraine				
Anxiety				
Parkinson's				
Bell's Palsy				
TIA (transient ischemic attacks)				
Trigeminal neuralgia				
Multiple sclerosis				
Other (list):				
<b>Endocrine:</b>				
Type I diabetes mellitus				

Proficiency Scale	1	2	3	4
<b>Endocrine: cont.</b>				
Type II diabetes mellitus				
Graves disease				
Addison's disease				
Juvenile diabetes				
Hypoglycemia				
Hypothyroidism				
<b>Hematological:</b>				
Folic acid deficiency anemia				
Aplastic anemia				
Iron deficiency				
Sickle cell anemia				
Pernicious anemia				
Other (list):				
<b>Psychosocial:</b>				
Depression				
Suicide				
Obesity				
Grief				
Anxiety				
Anorexia				
Bulimia				
Other (list):				
<b>Miscellaneous:</b>				
Suturing				
Cell biopsy				
Starting IV				
Casting and splinting				
Other (list):				

### Age Specific Competency

Able to ensure a safe and caring environment for the specific age groups indicated below; communicate and instruct patients from various age groups; able to evaluate age-appropriate behavior and skills.

Proficiency Scale	1	2	3	4
Newborn (birth-30 days)				
Infant (30 days-1 yrs)				
Toddler (1-3 yrs)				
Preschooler (3-5 yrs)				
School Age (5-12 yrs)				

Proficiency Scale	1	2	3	4
Adolescents (12-18 yrs)				
Young Adults (18-39 yrs)				
Middle Adults (39-64 yrs)				
Older Adults (64 yrs +)				

The information represented above is true and correct to the best of my knowledge. I also authorize Mission Search Healthcare to share the above skills checklist with its clients.

Name: (Printed) \_\_\_\_\_ Signature: \_\_\_\_\_